

"TENNIS 1ST"

Summer Schedule of Classes

Location: Silver Lake Park

PARENTS MUST PAY IN ADVANCE TO RESERVE SPOT AS CLASSES WILL BE FULL!



"I highly recommend Josie's Mommy and Me [Explore Tennis 1st] tennis class. She demonstrates fun, creative activities to encourage the development of balance, throwing, and beginning stroke motion through play. Both Mom's and toddlers will benefit from attending her class."

Sherry L. Small, MD pediatrician

Traverse City, MI

"Explore Tennis 1st" (Under 3)

An action packed class that requires the accompaniment of a parent or adult for toddlers ranging in age from one to three. This class will offer several fun and engaging activities. Children will be allowed to explore the tennis environment while learning the basic fundamentals at a relaxed pace. Our little students will improve hand-eye coordination, foot skills and balance, as well as actually learning how to address the ball with forehand and backhand strokes, volleys and serves. Children attending this class also have the opportunity to work on social skills by interacting with other children and adults. We only use age and size appropriate equipment that foster curiosity and creative learning with all of our little ones and we incorporate music into our learning continuum. Children will be encouraged to handle a children's tennis racquet as we help them develop their coordination and tennis awareness.

Session I: 4 weeks

Mondays June 25th – July 23rd / **Thursdays** June 28th - July 26th 10:10 a.m. – 10:50 a.m. –

Cost: \$24.00/Session (Session Includes 4 classes) Prices reflect one day a week, **No Class July 9th or 12th**

Session II: 4 weeks

Mondays July 30th – August 20th / **Thursdays** August 2nd – August 23rd 10:10 – 10:50

Cost: \$24.00/Session (Includes 4 classes) Prices reflect one day a week

Classes will be held at Silver Lake Park. Your child should bring a water bottle (or sippy cup ☺). Children do not need to bring a racquet to this class, but are welcome to do so. If a parent is looking to purchase a racquet for their child, we will sell them at competitive prices. ****Babysitting for older siblings can be provided for an additional fee during this class**** -To reserve your child's spot please contact Josie Caldwell at **(231) 313-1016** or email: **josie_c26@yahoo.com**.

"Play Tennis 1st" (Age 3-5)

A fun beginning level tennis class for youngsters, ages three to five, where parents are encouraged to participate with their children on court, when appropriate. This class will teach footwork, hand eye coordination, throwing and catching, forehands, backhands, volleys, serves, and overhead smashes. Of course, all children will be rewarded for their efforts with a treat at the end of each class! To make it easier for the "Play Tennis 1st" students to learn to play tennis, they will work with a smaller net, smaller racquets and slower bouncing balls to help them learn and to build their confidence .

Session I : 4 weeks (Age 3-5)

Mondays June 25th – July 23rd / **Thursdays** June 28th - July 26th 11:00 a.m. – 11:50 a.m.

Cost: \$32.00/Session (includes 4 classes) Prices reflect one day a week **No Class July 9th or 12th**

Session II: 4 weeks

Mondays July 30th – August 20th / **Thursdays** August 2nd – August 23rd 11:00- 11:50 a.m.

Cost: \$32.00/Session (Includes 4 classes) Prices reflect one day a week

Classes will be held at Silver Lake Park. Your child **must Bring a Water bottle** and we recommend a 19" or 21" tennis racquet which can be purchased through us at competitive local pricing, however you can find these racquets at most sporting goods stores and major shopping centers. We will have some extras if needed to demo. - To reserve your child's spot please contact Josie Caldwell at **(231) 313-1016** or email **josie_c26@yahoo.com**.

PLEASE MAKE CHECKS OUT TO **TENNIS 1ST, L.L.C.**, AND SEE JOSIE OR MAIL TO:

Tennis 1st, L.L.C.

3211 PAYSAGE PLACE,

TRAVERSE CITY, MICHIGAN 49684