

SCHOOL PROVIDED LUNCH

- Cost is \$3.25 per day per child for selected days on monthly lunch calendars
- Milk is available for children who bring their lunch, cost is .75 per day – you child will pay for milk in the classroom

DIRECTIONS FOR SIGN UP

1. Use this menu to choose days you will purchase lunch for \$3.25 per day.
2. Call 929-9325 and ask for the lunch line, ex. 14, fax your choices to 929-9384 or sign up online at www.traversechildrenshouse.org/lunch_menu.asp
3. Four days advance notice is appreciated. No cancellations will be accepted the day of.
4. You will be billed based upon this order. Monthly billing periods ends on the 25th of each month.

NAME: _____ **CLASS:** _____

November 28 - December 16

11/28*	11/29*	11/30	12/1*	12/2
Cheese Pizza Fresh Fruit and Veggies Milk	Bagels and Cream Cheese Fruit smoothie Fresh Veggies (Milk Available)	Pork and Apple Dinner Fresh Veggies and Bread Milk	Winter Pesto Pasta Fresh Fruit and Veggies Milk	Kale, Potato, and Sausage Soup Fresh Fruit and Bread Milk
12/5*	12/6*	12/7	12/8*	12/9
Cheese pizza Fruit and Veggies Milk	Baked Pumpkin Pie Oatmeal Fresh Fruit and veggies Milk	Sheppard's Pie Fresh Fruit and Bread Milk	Three Cheese Spaghetti Nests Fresh Fruit and Veggies Milk	Chicken and Sausage Gumbo Fresh Fruit Sweet Potato Corn Bread Muffins Milk
12/12*	12/13*	12/14	12/15	12/16*
Cheese pizza Fruit and Veggies Milk	Potato Latkes with Applesauce Milk	Pineapple Glazed Ham Roasted Root Vegetables Sweet Potato Pie	Creamy Chicken Cranberry Apple Pasta Fresh Veggies Milk	Winter Squash Soup Fresh Fruit and Veggies Milk

Please return monthly orders to the front desk by Friday, November 26th. Allow 4 days notice for changes or additional lunches.

Each lunch contains a starch, protein, vegetable, and fruit either within the dish or on the side. Every effort is made to use as much fresh product as possible in order to gain the most nutritional value from the ingredients. Fruit and veggies are not specified as to allow for the freshest products available that week to be used. It is our goal to incorporate as much locally grown and harvested products into our daily meals as possible.

Local Farms and Businesses: Maple Ridge Farms, Biga Bagels, Brown's Orchards, That'sa Pizza, Chez Peres, Gallagher's, Moomer's, and the Children's House Gardens.