

# February 2014

## LUNCH MENU

<b>2/3*</b>  <b>Cheese pizza</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1</b> <b>2/4</b>  <b>Quiche Lorraine</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/5</b>  <b>Pork Buns</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/6</b>  <b>Chicken Stirfry over</b> <b>Udon Noodles</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/7*</b>  <b>Broccoli Cheddar</b> <b>Soup</b> <b>Fresh Fruit, Veggies,</b> <b>and Bread</b> <b>Milk</b>
<b>2/10*</b>  <b>Cheese pizza</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/11*</b>  <b>Whole Wheat Bagel</b> <b>and Cream Cheese</b> <b>Fruit and Yogurt</b> <b>Smoothies</b> <b>Fresh Veggies</b>  <b>(milk available)</b>	<b>2/12</b>  <b>Winter Vegetable</b> <b>and Beef Pasty</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/13</b>  <b>Chicken Paprikash</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/14</b>  <b>No School</b> <b>Staff Professional</b> <b>Development Day</b>  <b>Happy Valentine's</b> <b>Day!</b>
<b>2/17</b>  <b>No School</b> <b>President's Day</b>	<b>2/18*</b>  <b>Cheese pizza</b> <b>Fruit and Veggies</b> <b>Milk</b>	<b>2/19</b>  <b>Beef Goulash with</b> <b>Egg Noodles</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/20*</b>  <b>Black Bean and</b> <b>Cheese Quesadillas</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/21</b>  <b>Potato Bacon</b> <b>Soup</b> <b>Fresh Fruit and Bread</b> <b>Milk</b>
<b>2/24*</b>  <b>Cheese pizza</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/25*</b>  <b>Blueberry Pancakes</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/26</b>  <b>Scalloped Potatoes</b> <b>and Ham</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/27*</b>  <b>Macaroni and</b> <b>Cheese</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>2/28*</b>  <b>Minestrone Soup</b> <b>Fresh Fruit and Bread</b> <b>Milk</b>

Local Farms and businesses: Maple Ridge Farms, Brown's Orchards, Nicholas Farms, Murray's, Moomer's, Gallagher's, Mi Grille/Baytown Kitchen, Cherry Capital Foods, and That'sa Pizza.

- \*: Vegetarian
- GF : Gluten Free
- DF : Dairy Free