

FEBRUARY LUNCH CALENDAR 2018

Milk is served at all meals.

			Thursday 2/01 Chicken Quinoa Patty with Bun Side Vegetable Side Fruit	Friday 2/02 DF, GF Chicken, Vegetable & Rice Soup Side Fruit Side Vegetable
Monday 2/05 V Pizza GF option Vegetable Fruit	Tuesday 2/06 V Bagels & Cream Cheese Side Egg Side Fruit Side Vegetable	Wednesday 2/07 GF Shepherd's Pie with Pork Sausage Side Vegetable Salad Side Fruit	Thursday 2/08 V Macaroni & Cheese Side Fruit Side Vegetable	Friday 2/09 V Calzones Side Vegetable Side Fruit
Monday 2/12 V Pizza GF option Vegetable Fruit	Tuesday 2/13 V Granola Parfait Yogurt with Bananas Side Vegetable	Wednesday 2/14 DF Meatloaf Soup Side Fruit Sweet Potato Muffin	Thursday 2/15 Pork Buns Side Fruit Side Vegetable	Friday 2/16 School Closed
Monday 2/19 School Closed	Tuesday 2/20 V Pizza GF option Vegetable Fruit	Wednesday 2/21 Ham with Mashed Potatoes Side Vegetable Side Fruit	Thursday 2/22 Buttered Noodles Side Ham Side Vegetable Side Fruit	Friday 2/23 GF Broccoli Cheddar Chicken Soup Side Fruit Side Vegetable
Monday 2/26 V Pizza GF option Vegetable Fruit	Tuesday 2/27 V French Toast Bake with Bananas Side Vegetable Side Fruit	Wednesday 2/28 Tacos Side Beef Side Beans & Vegetable Side Greens Side Fruit Side Salsa Side Sour Cream		

Using local goods from Moomers, Shetlers, Cherry Capital

French toast, pancakes and spanakopita are always egg free. For Nido & YCC rooms with allergies, an egg free dish will be served on Quiche days.

When side bacon or sausage occurs, the main meal is Vegetarian as side meat is served separately.

Please contact Jamie Chamberlain, Kitchen Director at: jamieC@traversechildrenshouse.org if you have any questions, concerns or comments

DF: Dairy Free V: Vegetarian GF: Gluten Free