



Celebrating fitness

Record-Eagle/
Garret Leiva

Scott Henry, of Traverse City, gives his daughter, Madeline Henry, 4, a boost up the bouldering wall Sunday afternoon at the third annual Children's House Fitness Festival. The festival at the independent Traverse City Montessori school featured a number of activities for children up to age 12, including movement exercises, yoga and a snowshoe course. Children who filled out a punch card of activities received a medal for their efforts.