



## TRAILBLAZERS - HIT THE TRAILS July 17-21

I am looking forward to a great week of biking. We plan to ride over seventy miles this week. Please send a lunch, water bottle, bike and helmet and arrive with a good layer of sunscreen applied. We will provide snacks and sunscreen for mid-day application. Extra water is available along the trails. **It is important to have your child be able to easily carry their lunch and water. A small backpack or better yet a bike mounted water bottle holder and small bag like the Bell Bike Handlebar Road Stash Bag (under \$10) would be perfect. I'm not endorsing a specific brand, just the size and ease of the bag. Carrying a large or heavy backpack has been the children's biggest obstacle in the past. Ice packs and extras - books, toys - in the backpack are not great to have along.** Tony Colombo and Chris Wenger will be riding with us each day. **STEVE MAAS**

### **Monday: Leelanau Trail North**

Drop off at 8:30 - **Darrow Park** on Bay Street.

Pick up between 2:30 and 3:30 – **Darrow Park** on Bay Street

We'll travel by school bus to Suttons Bay and ride bikes back to Traverse City.

### **Tuesday: Heritage Trail – Bohemian Road to Crystal River Trailhead**

Drop off at 8:30 – **The Children's House**

Pick up between 2:30 and 3:30 – **The Children's House**

### **Wednesday: Betsie Valley Trail**

Drop off at 8:30 – **The Children's House.**

Pick up at 3:30 – **The Children's House**

We will travel by school bus to the Betsie Valley Trail for the day's ride along Crystal Lake and the Betsie River from Beulah to Frankfort.

### **Thursday: Lost Lake Pathway, Gonder Rd, Interlochen**

Drop off at 8:30 – **The Children's House.**

Pick up at 3:30 – **The Children's House**

We'll travel by school bus to and from the trail head. This is a great introduction to mountain biking, flat and easy.

### **Friday: Sleeping Bear Heritage Trail**

Drop off at 8:30 – **The Children's House.**

Pick up at 3:30 – **The Children's House**

We will travel by school bus to Glen Arbor and ride the Heritage Trail from Glen Arbor to the dune climb. We'll have lunch at the dune climb and ride to Empire to meet the bus.

Please give me a call if you have questions.

Steve Maas 943-0443 / 715-9338

Receive updates and photos from Steve by texting this message: [@stevemaas](https://www.instagram.com/stevemaas) to the number 81010

We'll notify you by 8:00 using the text messaging number above if the weather prohibits us from riding. We'll stay at school on inclement weather days.

**Please sign this form and return it to The Children's House before Monday, July 17<sup>th</sup>.**

**I give permission for my child to attend all the field trips the week of June 26-30 for Hit the Trails bike week.**

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_