

SCHOOL PROVIDED LUNCH

- Cost is \$3.25 per day per child for selected days on monthly lunch calendars
- Milk is available for children who bring their lunch, cost is .75 per day – you child will pay for milk in the classroom

DIRECTIONS FOR SIGN UP

1. Use this menu to choose days you will purchase lunch for \$3.25 per day.
2. Call 929-9325 and ask for the lunch line, ex. 14, fax your choices to 929-9384 or sign up online at www.traversechildrenshouse.org/lunch_menu.asp
3. Four days advance notice is appreciated. No cancellations will be accepted the day of.
4. You will be billed based upon this order. Monthly billing periods ends on the 25th of each month.

NAME: _____ **CLASS:** _____

January 2 - 25

1/2* Cheese Pizza Fresh Fruit and Veggies Milk	1/3* Bagels and Cream Cheese Fruit smoothie Fresh Veggies (Milk Available)	1/4* Cheese Calzones Fresh fruit and veggies Milk	1/5 Honey Mustard Sausage and vegetables over pasta Milk	1/6* Minestrone Fresh Fruit and Bread Milk
1/9* Cheese pizza Fresh Fruit and Veggies Milk	1/10* Potato Pancakes Applesauce Fresh veggies Milk	1/11 Scalloped Potatoes and Ham Fresh fruit Milk	1/12* Spinach Gnocchi Fresh Fruit and Veggies Milk	1/13* Cheesy Potato Soup Fresh bread and fruit Milk
1/16* No School	1/17* Cheese pizza Fresh Fruit and Veggies Milk	1/18* Mixed Berry Strata Fresh veggies Milk	1/19* Broccoli and cheese stuffed shells Fresh fruit Milk	1/20* Vegetable Stew Fresh fruit and bread Milk
1/23* Cheese pizza Fresh Fruit and Veggies Milk	1/24 Cheese, egg, and sausage Biscuits Fresh fruit and veggies Milk	1/25* Grilled Cheese Fresh Fruit and veggies Milk		

Please return monthly orders to the front desk by Friday, December 30th. Allow 4 days notice for changes or additional lunches.

Each lunch contains a starch, protein, vegetable, and fruit either within the dish or on the side. Every effort is made to use as much fresh product as possible in order to gain the most nutritional value from the ingredients. Fruit and veggies are not specified as to allow for the freshest products available that week to be used. It is our goal to incorporate as much locally grown and harvested products into our daily meals as possible.

Local Farms and Businesses: Maple Ridge Farms, Biga Bagels, Sleeping Bear Farms, Brown's Orchards, That'sa Pizza, Chez Peres, Gallagher's, Moomer's, and the Children's House Gardens.