

# January 2015

## LUNCH MENU

<b>1/5*</b> <b>Cheese Pizza</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/6</b> <b>Quiche Lorraine</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/7 GF DF</b> <b>Hoppin John</b> <b>(Black Eyed Peas,</b> <b>Rice, Greens)</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/8 GF DF</b> <b>Lentils and</b> <b>Sausage</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/9* GF</b> <b>Vegetarian Black</b> <b>Bean Chili</b> <b>Corn Bread</b> <b>Fresh Fruit</b> <b>Milk</b>
<b>1/12*</b> <b>Cheese Pizza</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/13*</b> <b>Whole Wheat</b> <b>Bagels and Cream</b> <b>Cheese</b> <b>Yogurt Fruit</b> <b>Smoothies</b> <b>Fresh Veggies</b> <b>Milk available</b>	<b>1/14 GF DF</b> <b>Pork Fried Rice</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/15* GF DF</b> <b>Creamy Chickpea</b> <b>and Tahini</b> <b>Casserole</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/16 DF GF</b> <b>Vietnamese Chicken</b> <b>Soup</b> <b>(Pho)</b> <b>Fresh Fruit, Veggies</b> <b>and Bread</b> <b>Milk</b>
<b>1/19*</b> <b>No School</b> <b>Martin Luther King</b> <b>Jr. Day</b>	<b>1/20</b> <b>Cheese, Sausage</b> <b>and Egg Biscuits</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/21* DF GF</b> <b>Black Bean</b> <b>Enchiladas</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/22*</b> <b>Macaroni and</b> <b>Cheese</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/23* GF</b> <b>French Potage</b> <b>(Creamy Vegetable</b> <b>Soup)</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>
<b>1/26*</b> <b>Cheese Pizza</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/27*</b> <b>Bananas Foster</b> <b>Baked French Toast</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/28 GF DF</b> <b>Meatloaf</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/29*</b> <b>Baked Spaghetti</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>	<b>1/30* GF</b> <b>Red Lentil Soup</b> <b>Fresh Fruit and</b> <b>Veggies</b> <b>Milk</b>

Local Farms and businesses: Brown's Orchards, Nicholas Farms, Murray's, Moomer's, Gallagher's, Mi Grille/Baytown Kitchen, Cherry Capital Foods, and That'sa Pizza.

- \* Vegetarian Entree
- GF : Gluten Free Entree
- DF : Dairy Free Entree