

January 2019

LUNCH MENU

01/07 V Cheese Pizza Fruit and Vegetable Milk	01/08 V Pancakes With Maple Syrup Fruit and Vegetable Milk	01/09 GF DF Chicken Stir Fry With Rice Fruit Milk	01/10 V Macaroni and Cheese Fruit and Vegetable Milk	01/11 V GF DF Sweet Potato and Black Bean Chili Fruit and Cornbread Milk
01/14 Pepperoni Pizza Fruit and Vegetable Milk	01/15 V Bagel and Cream Cheese Fruit and Yogurt Smoothies Vegetable (Milk Available)	01/16 Chicken and Biscuits Fruit and Vegetable Milk	01/17 GF DF Mongolian Beef with Rice Noodles Fruit and Vegetable Milk	01/18 Chicken Noodle Soup Fruit and Bread Milk
01/21 V Cheese Pizza Fruit and Vegetable Milk	01/22 Egg-Free Breakfast Burrito (Sausage, peppers, potatoes & cheese) Fruit and Vegetable Milk	01/23 V Bean and Cheese Quesadilla Fruit and Vegetable Milk	01/24 V DF Vegetable Lo Mein Fruit Milk	01/25 DF GF Pho (Vietnamese Chicken Soup) Fruit and Vegetable Bread Milk
01/28 Pepperoni Pizza Fruit and Vegetable Milk	01/29 V Caramel Apple Baked French Toast Fruit and Vegetable Milk	01/30 GF DF Pork Fried Rice Fruit and Vegetable Milk	01/31 V Cheese Calzones Fruit and Vegetable Milk	

Local Farms & businesses: Brown's Orchards, Moomer's, Gallagher's, Providence Farm, Cherry Capital Foods, and That'sa Pizza.

Vegetarian: V

Entrée Dairy Free: DF

Entrée Gluten Free: GF