

## SCHOOL PROVIDED LUNCH

- Cost is \$3.00 per day per child for selected days on monthly lunch calendars
- Milk is available for children who bring their lunch, cost is .75 per day – your child will pay for milk in the classroom

### DIRECTIONS FOR SIGN UP

1. Use this menu to choose days you will purchase lunch for \$3.00 per day.
2. Call 929-9325 and ask for the lunch line or leave a message on ex. 14; or fax your choices to 929-9384.
3. Four days advance notice is appreciated. No cancellations will be accepted the day of.
4. You will be billed based upon this order. Monthly billing periods ends on the 25<sup>th</sup> of each month.

**NAME:** \_\_\_\_\_ **CLASS:** \_\_\_\_\_

### **October 5-23**

#### LUNCH MENU

<b>10/5</b>	<b>10/6</b>	<b>10/7</b>	<b>10/8</b>	<b>10/9</b>
<b>Cheese pizza Fruit and Veggies Milk</b>	<b>Bagel with Cream Cheese Fruit &amp; Yogurt Smoothies</b>	<b>Chicken Noodle Soup Oyster crackers Fresh Fruit Milk</b>	<b>Chicken Kabobs Served with Rice Fresh Fruit Milk</b>	<b>Macaroni and Cheese Fresh Fruit Milk</b>
<b>10/12</b>	<b>10/13</b>	<b>10/14</b>	<b>10/15</b>	<b>10/16</b>
<b>Cheese pizza Fruit and Veggies Milk</b>	<b>Apple and Date Oatmeal Milk</b>	<b>Creamy Potato Soup Bread Sticks Fresh Fruit Milk</b>	<b>Turkey Pasta Salad Fresh Fruit Milk</b>	<b>Chicken &amp; Sausage Paella (Rice dish) Fresh Fruit Milk</b>
<b>10/19</b>	<b>10/20</b>	<b>10/21</b>	<b>10/22</b>	<b>10/23</b>
<b>Cheese pizza Fruit and Veggies</b>	<b>Pumpkin Pancakes with Pure Maple Syrup Fresh Fruit</b>	<b>Squash Bisque Bread Sticks Fresh Fruit</b>	<b>Turkey Meatballs with Rice Fruit Milk</b>	<b>No School</b>

**Please return monthly orders to the front desk by Thursday, Oct 1<sup>st</sup>. Allow 4 days notice for changes or additional lunches.**

Each lunch contains a starch, protein, vegetable, and fruit either within the dish or on the side. Every effort is made to use as much fresh product as possible in order to gain the most nutritional value from the ingredients. Fruit and veggies are not specified as to allow for the freshest products available that week to be used. It is our goal to incorporate as much locally grown and harvested products into our daily meals as possible.