

SCHOOL PROVIDED LUNCH

- Cost is \$3.25 per day per child for selected days on monthly lunch calendars
- Milk is available for children who bring their lunch, cost is .75 per day – your child will pay for milk in the classroom

DIRECTIONS FOR SIGN UP

1. Use this menu to choose days you will purchase lunch or sign up online.
2. Call 929-9325 and ask for the lunch line or leave a message on ex. 14; or fax your choices to 929-9384.
3. Four days advance notice is appreciated. No cancellations will be accepted the day of.
4. You will be billed based upon this order. Monthly billing periods ends on the 25th of each month.

NAME: _____ **CLASS:** _____

September 27-October 25

LUNCH MENU

9/27* Cheese pizza Fruit and Veggies Milk	9/28 Chicken and Broccoli Buckwheat Crepes Fresh Fruit Milk	9/29 Chicken Noodle Soup Fresh Bread and Fruit Milk	9/30* Black-eyed Pea and Rice Wrap-ups Fresh Fruit Milk	10/1* Vegetarian Lasagna Fresh Fruit Milk
10/4* Cheese pizza Fruit and Veggies Milk	10/5* Bagel with Cream Cheese Fruit Smoothies Milk	10/6* Creamy Potato Soup Fresh Bread and Fruit Milk	10/7 Buffalo Chicken Wrap with Blackbean and Rice Salad Fresh Fruit Milk	10/8 Chicken and Sausage Paella (Rice dish) Fresh Fruit Milk
10/11* Cheese pizza Fruit and Veggies Milk	10/12* Oat and Blueberry Pancakes Fresh Veggies Milk	10/13* Squash Bisque Fresh Bread and Fruit Milk	10/14 Turkey Meatballs with Rice Fresh Fruit Milk	10/15* Vegetarian Burritos Fresh Fruit Milk
10/18* Cheese pizza Fruit and Veggies Milk	10/19 Egg and Cheese Breakfast Burritos Fresh Fruit Milk	10/20* Lentil Soup Fresh Bread and Fruit Milk	10/21 Creamy Chicken Pasta Fresh Fruit Milk	10/22 Faculty Retreat No School
10/25 Faculty Retreat Child Care Only			*denotes vegetarian meal	

Please return monthly orders to the front desk by Friday, Oct 1st. Allow 4 days notice for changes or additional lunches.

Local food this month:

Maple Ridge Farms, Murray's, Birch Point, Brown's, Edmonson's, Millie Hathaway's Bees

All lunches meet nutritional guidelines set forth by the US Dept. of Agriculture