

## SCHOOL PROVIDED LUNCH

- Cost is \$3.45 per day per child for selected days on monthly lunch calendars
- Milk is available for children who bring their lunch, cost is .75 per day - your child will pay for milk in the classroom

Legend: \* - Vegetarian # - Gluten Free ^ - Dairy Free

### October 2012

#### LUNCH MENU

10/1*	10/2*	10/3	10/4*#^	10/5^
Cheese Pizza Fruit and Veggies  Milk	Caramel Apple Baked French Toast Fresh Fruit and Veggies Milk	Sweet Corn and Chicken Pie Fresh Fruit  Milk	Tricolor Bean and Rice Casserole Fresh Fruit and Veggies Milk	Chicken Noodle Soup Fresh Fruit, Veggies and Home baked bread Milk
10/8*	10/9*	10/10*	10/11*#	10/12*
Cheese Pizza Fruit and Veggies  Milk	Pear and Gruyere Strata Fresh Fruit and Veggies Milk	Cheddar Apple Melts Fresh Fruit, Veggies  Milk	Three Bean Enchiladas Fresh Fruit and Veggies Milk	Split Pea and Rosemary Soup Fresh Fruit and Home baked Bread Milk
10/15*	10/16*	10/17#	10/18*	10/19
Cheese Pizza Fruit and Veggies  Milk	Whole Wheat Bagels and Cream Cheese Fruit and Yogurt Smoothies Fresh Veggies Milk Available	Apple Turkey Picadillo and Brown Rice Fresh Fruit and Veggies Milk	Macaroni and Cheese Fresh Fruit and Veggies Milk	No School
10/22*	10/23	10/24*^	10/25*	10/26*
Cheese Pizza Fruit and Veggies  Milk	Apple and Sausage Breakfast Casserole Fresh Fruit and Veggies Milk	Chickpea Pitas Fresh Fruit Milk	Creamy Pesto Pasta Bake Fresh Fruit and Veggies Milk	Potato and Apple Soup Fresh Fruit Veggies Home baked Bread Milk
10/29*	10/30*	10/31		
Cheese Pizza Fruit and Veggies  Milk	Pumpkin Pancakes Applesauce Fresh Veggies Milk	Pumpkin and Sausage Pasta Bake Fresh Fruit and Veggies Milk		

**THIS MENU IS FOR INFORMATIONAL PURPOSES ONLY.  
PLEASE ORDER THROUGH ORDERLUNCHES.COM**

Local Farms and businesses: Gallagher's, Maple Ridge Farms, Brown Orchards, Moomer's, Biga Bagel, Chez Peres and Baytown Kitchen, That's a Pizza, Murray's and the Children's House Gardens.