

SCHOOL PROVIDED LUNCH

- Cost is \$3.25 per day per child for selected days on monthly lunch calendars
- Milk is available for children who bring their lunch, cost is .75 per day – you child will pay for milk in the classroom

DIRECTIONS FOR SIGN UP

1. Use this menu to choose days you will purchase lunch for \$3.25 per day.
2. Call 929-9325 and ask for the lunch line, ex. 14, fax your choices to 929-9384 or sign up online at www.traversechildrenshouse.org/lunch_menu.asp
3. Four days advance notice is appreciated. No cancellations will be accepted the day of.
4. You will be billed based upon this order. Monthly billing periods ends on the 25th of each month.

NAME: _____ **CLASS:** _____

October 26 - November 21

		10/26*	10/27*	10/28*
		Pumpkin Pancakes Applesauce Milk	Pumpkin Mac N Cheese Fresh Fruit and Veggies Milk	Pumpkin Soup Fresh Fruit and Bread Milk
10/31*	11/1*	11/2*	11/3	11/4*
Cheese pizza Fruit and Veggies Milk	Apple Cinnamon Bread Pudding Fresh Fruit and veggies Milk	Grilled Cheese Applesauce Fresh Veggies Milk	Pumpkin and Chicken Enchiladas Fresh Fruit Milk	Three Bean Chili Fresh Fruit and Corn Bread Milk
11/7*	11/8	11/9	11/10	11/11
Cheese pizza Fruit and Veggies Milk	Cheese, egg, sausage Biscuits Fresh fruit and veggies Milk	Turkey and Vegetable Meatloaf Mashed potatoes Fresh Fruit Milk	Parent Teacher Conferences	Parent Teacher Conferences
11/14*	11/15*	11/16*	11/17	11/18
Cheese pizza Fruit and Veggies Milk	Bagels and Cream Cheese Fruit Smoothies Fresh Veggies (Milk available)	Baked Spaghetti Fresh Fruit and veggies Milk	Apple and Pork Supper Fresh veggies Milk	Chicken Noodle Soup Fresh fruit and bread Milk
11/21*	11/22*	11/23	11/24	11/25
Cheese Pizza Fruit and Veggies Milk	Harvest Feast	Thanksgiving break	Thanksgiving Break	Thanksgiving Break

Please return monthly orders to the front desk by Friday, October 21st. Allow 4 days notice for changes or additional lunches.

Each lunch contains a starch, protein, vegetable, and fruit either within the dish or on the side. Every effort is made to use as much fresh product as possible in order to gain the most nutritional value from the ingredients. Fruit and veggies are not specified as to allow for the freshest products available that week to be used. It is our goal to incorporate as much locally grown and harvested products into our daily meals as possible.

Local Farms and Businesses: Maple Ridge Farms, Murray's, Brown's Orchards, That'sa Pizza, Chez Peres, and the Children's House Gardens.