

NOVEMBER LUNCH CALENDAR 2017

Milk is served at all meals.

		Wednesday 11/01 Vegetable Wrap with Bacon & Pesto Mayo (eggfree) Fruit	Thursday 11/02 V Calzones Fruit	Friday 11/03 DF Beef, Root & Broccoli Stew With Spelt Berry Fruit
Monday 11/06 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 11/07 Pancakes with Maple Syrup Bacon on the side Vegetable	Wednesday 11/08 Ham & Garden Wrap with Country Dressing Fruit	Thursday 11/09 DF Parsley Pesto Noodle Salad with Smoked Turkey & Vegetable Fruit	Friday 11/10 V Hearty Tomato Soup with Grilled Cheese Sandwich Fruit
Monday 11/13 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 11/14 Sausage & Bagels Smoothies Vegetable	Wednesday 11/15 Chicken Quinoa & Vegetable Patty with Bun Vegetable & Fruit	Thursday 11/16 V Roasted Vegetable Phyllo Lasagna Fruit	Friday 11/17 V Roasted Squash Bisque with Spelt Berry & Vegetable Fruit
Monday 11/20 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 11/21 All Classrooms Harvest Feasts	Wednesday 11/22 SCHOOL CLOSED	Thursday 11/23 SCHOOL CLOSED	Friday 11/24 SCHOOL CLOSED
Monday 11/27 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 11/28 Pancakes with Strawberry Maple Sauce on side Ham on the side Vegetable	Wednesday 11/29 V Quinoa, Bean, Vegetable & Cheese Burrito with Green Salsa Fruit	Thursday 11/30 V Mac & Cheese Vegetable & Fruit	Friday 12/01 Hungarian Goulash with Beef & Vegetable Fruit

Local Farms and businesses: Shetlers, Moomers, Cherry Capital Foods, Browns Orchards and That'sa Pizza.

Vegetarian- V

Entrée Dairy Free- DF

Entrée Gluten Free- GF

For NIDO & YCC Egg Allergies, Appropriate Substitutions Will Be Served; Pancakes & French Toast are Egg-Free