

OCTOBER LUNCH CALENDAR 2017

Milk is served at all meals.

Monday 10/02 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 10/03 Lemon & Strawberry Pancakes - Yogurt Sauce Bacon Vegetable	Wednesday 10/04 Roast Turkey, Tomato, Vegetable & Greens Wrap Fruit	Thursday 10/05 V Lasagna Vegetable & Fruit	Friday 10/06 DF Chicken Pesto Soup with Bread Fruit
Monday 10/09 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 10/10 Quiche with Vegetable & Cheese Sausage Fruit	Wednesday 10/11 V Avocado Garden Wrap with Country Dressing Fruit	Thursday 10/12 Sesame Vegetable Stir Fry with Rice & Chicken Fruit	Friday 10/13 V Hearty Tomato Soup Grilled Cheese Fruit
Monday 10/16 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 10/17 French Toast with Hot Apples & Powdered Sugar Bacon Vegetable	Wednesday 10/18 V, DF Vegetable Wrap with Hummus Vegetable & Fruit	Thursday 10/19 V Layered Mexican Pie with Tortilla, Bean, Spelt Berry, Cheese & Vegetable Fruit	Friday 10/20 School Closed
Monday 10/23 V Cheese Pizza GF Available Vegetable & Fruit	Tuesday 10/24 Pumpkin French Toast with Apple & Cinnamon Maple Sauce Sausage Vegetable	Wednesday 10/25 V Pumpkin Butter & Banana Sandwich Vegetable	Thursday 10/26 V Pumpkin & Spinach Spanakopita Fruit	Friday 10/27 V Coconut Pumpkin Bisque With Bread Fruit
Monday 10/30 V Cheese Pizza GF Available Side Vegetable & Fruit	Tuesday 10/31 Pumpkin Butter & Granola Parfait With Banana & Side Sausage Side Vegetable			

Local Farms and businesses: Shetlers, Moomers, Cherry Capital Foods, Browns Orchards and That'sa Pizza.

Vegetarian- V

Entrée Dairy Free- DF

Entrée Gluten Free- GF

For NIDO & YCC Egg Allergies, Appropriate Substitutions Will Be Served; Pancakes & French Toast are Egg-Free