



September LUNCH MENU

THE CHILDREN'S HOUSE

9/2 Labor Day	9/3 Orientation	9/4* Cheese pizza Fruit and Veggies Milk	9/5* Cucumber and Cream Cheese Sandwiches Fresh Fruit and Veggies Milk	9/6* GF/DF Tomato Basil Soup Fresh fruit and Bread Milk
9/9* Cheese pizza Fruit and Veggies Milk	9/10* Blueberry and Peach Pancakes Fresh Veggies Milk	9/11 Sweet Corn and Chicken Pie Fresh Fruit Milk	9/12* Pesto Pasta with Parmesan Fresh Fruit and Veggies Milk	9/13 GF/DF Sausage, Kale and Potato Soup Fresh fruit and Bread Milk
9/16* Cheese pizza Fruit and Veggies Milk	9/17* Bagels and Cream Cheese Fruit and Yogurt Smoothie Fresh Veggies Milk	9/18 Fall Vegetable and Beef Pasty Fresh Fruit Milk	9/19* GF Tex-Mex Rice with Black-eyed Peas Fresh Fruit and Veggies Milk	9/20 GF/DF Chicken and Corn Market Soup Fresh Fruit and bread Milk
9/23* Cheese pizza Fruit and Veggies Milk	9/24 GF/DF Fall Veggie and Sausage Breakfast Casserole Fresh Fruit and Biscuits Milk	9/25* Broccoli-Cheddar Pockets Fresh Fruit Milk	9/26 Chicken Paprikash Fresh fruit and Veggies Milk	9/27* GF Curried Sweet Potato and Apple Soup Fresh Fruit and Bread Milk
09/30/13* Cheese pizza Fruit and Veggies Milk				

Local Farms and businesses: That'sa Pizza, Maple Ridge Farms, Moomers, Gallagher's, Baytown Kitchen, Brown's Orchards, Farmer Brown's Daughter, Sun-Ra, and The Children's House Gardens.

The entrees are labeled GF (gluten free), DF (dairy free) and * (Vegetarian, not Vegan). Some dishes are labeled GF, but come with a bread product on the side – you can easily opt out of the bread.

There is also a GF pizza option.