

June-July-August 2016

LUNCH MENU

6/20*df	6/21*	6/22*	6/23*	6/24*
Veggies, Pitas, and Hummus Fresh Fruit Milk	Oatmeal Fresh Fruit and Veggies Milk	Cheese Pizza Fruit and Veggies Milk	Roasted Red Pepper Cream Cheese Veggie Sandwich Fresh Fruit and Veggies Milk	Veggie Pasta Salad Fresh Fruit and Veggies Milk
6/27*df	6/28*	6/29*	6/30*	7/1*
Egg Salad Sandwiches Fresh Fruit and Veggies Milk	Silver Dollar Cottage Cheese Pancakes with Fresh Fruit and Veggies Milk	Cheese Pizza Fruit and Veggies Milk	Ham and Pea Cous Cous Fresh Fruit and Veggies Milk	Pesto Pasta Fresh Fruit and Veggies Milk
7/4	7/5*	7/6*	7/7*df	7/8
No School	Hard Boiled Egg, Cheese and Toast Fresh Fruit and Veggies Milk	Cheese Pizza Fruit and Veggies Milk	Cherry Chicken Salad Sandwich Fruit and Veggies Milk	Mediterranean Orzo Salad Fruit and Veggies Milk
7/11*	7/12*	7/13*	7/14* GF DF	7/15*DF
Black Bean and Rice Quesadillas Fresh Fruit and Veggies Milk	Bagels and Cream Cheese Fresh Fruit Smoothies Veggies Milk available	Cheese Pizza Fruit and Veggies Milk	Southwestern Black Bean and Rice Salad Fresh Fruit and Veggies Milk	Asian Pasta Salad Fresh Fruit and Veggies Milk

<p>7/18*</p> <p>Cucumber and Cream Cheese Sandwiches Fresh Fruit and Veggies</p> <p>Milk</p>	<p>7/19*</p> <p>Toad in the Hole (Egg in toast) Fresh Fruit and Veggies</p> <p>Milk</p>	<p>7/20*</p> <p>Cheese Pizza Fruit and Veggies</p> <p>Milk</p>	<p>7/21* df</p> <p>Sunbutter, Banana and Honey Sandwich Fresh Fruit and Veggies</p> <p>Milk</p>	<p>7/22*</p> <p>Tomato and Basil Bowtie Pasta Salad Fresh Fruit and Veggies</p> <p>Milk</p>
<p>7/25* df</p> <p>Veggies, Pita, and Hummus Fresh Fruit</p> <p>Milk</p>	<p>7/26*</p> <p>Hard Boiled Egg, Cheese and Toast Fresh Fruit and Veggies</p> <p>Milk</p>	<p>7/27*</p> <p>Cheese pizza Fruit and Veggies</p> <p>Milk</p>	<p>7/28*df</p> <p>Cherry Chicken Salad Sandwich Fruit and Veggies</p> <p>Milk</p>	<p>7/29* DF</p> <p>Southwestern Pasta Salad Fresh fruit and Veggies</p> <p>Milk</p>
<p>8/1* df</p> <p>Sunbutter and Jelly Sandwich Fresh Fruit and Veggies</p> <p>Milk</p>	<p>8/2*</p> <p>Mini Veggie and Cheese Quiche Fresh Fruit and Veggies</p> <p>Milk</p>	<p>8/3*</p> <p>Cheese Pizza Fruit and Veggies</p> <p>Milk</p>	<p>8/4</p> <p>Ham and Pea Cous Cous Fruit and Veggies</p> <p>Milk</p>	<p>8/5</p> <p>Chicken and Pasta Salad Fresh Fruit and Veggies</p> <p>Milk</p>
<p>8/8* df</p> <p>Egg Salad Sandwiches Fresh Fruit and Veggies</p> <p>Milk</p>	<p>8/9*</p> <p>Bagels and Cream Cheese Fresh Fruit Smoothies Veggies</p> <p>Milk available</p>	<p>8/10*</p> <p>Cheese Pizza Fruit and Veggies</p> <p>Milk</p>	<p>8/11 df</p> <p>Sunbutter, Banana and Honey Sandwich Fresh Fruit and Veggies</p> <p>Milk</p>	<p>8/12*</p> <p>Mediterranean Orzo Salad Fruit and Veggies</p> <p>Milk</p>
<p>8/15</p> <p>Turkey and Cheese Roll Ups Fresh Fruit and Veggies</p> <p>Milk</p>	<p>8/16</p> <p>Mini Ham and Cheese Quiche Fresh Fruit and Veggies</p> <p>Milk</p>	<p>8/17*</p> <p>Cheese Pizza Fruit and Veggies</p> <p>Milk</p>	<p>8/18*</p> <p>Refried Bean and Veggie Wrap Fruit and Veggies</p> <p>Milk</p>	<p>8/19 df</p> <p>Pesto Pasta Fruit and Veggies</p> <p>Milk</p>

<p style="text-align: center;">8/22*</p> <p style="text-align: center;">Cucumber and Cream Cheese Sandwiches Fresh Fruit and Veggies</p> <p style="text-align: center;">Milk</p>	<p style="text-align: center;">8/23*</p> <p style="text-align: center;">Silver Dollar Cottage Cheese Pancakes with Fresh Fruit and Veggies</p> <p style="text-align: center;">Milk</p>	<p style="text-align: center;">8/24*</p> <p style="text-align: center;">Cheese Pizza Fruit and Veggies</p> <p style="text-align: center;">Milk</p>	<p style="text-align: center;">8/25 df</p> <p style="text-align: center;">Cherry Chicken Salad Sandwich Fruit and Veggies</p> <p style="text-align: center;">Milk</p>	<p style="text-align: center;">8/26</p> <p style="text-align: center;">No School</p>
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Local Farms and businesses: Brown's Orchards, Nicholas Farms, Murray's, Moomer's, Gallagher's, MiGrille, Cherry Capital Foods, That'sa Pizza, and The Childrens House Gardens.

- **Vegetarian ***
 - **Entrée Dairy free DF**
 - **Entrée Gluten free GF**
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