

June-July-August 2017

LUNCH MENU

06/19 *	06/20 GF	06/21 *	06/22 *V*	06/23 GF,DF
Rotini and Cheese with Squash Side Vegetable & Fresh Fruit Milk	Turkey & Cheese Roll Up with Caprese & Vegetable Salad Fresh Fruit Milk	Housemade Pizza with Vegetable Side Vegetable & Fresh Fruit Milk GF pizza available	Ratatouille Polenta Side Vegetable & Fresh Fruit Milk	Green Split Pea Soup With Ham & Cauliflower Rice Fresh Fruit Milk
06/26 *V*	06/27* DF	06/28	06/29 GF,DF	06/30 GF,DF
(NO)-Melette & Toast Side Vegetable & Fresh Fruit Milk	Gnocchi with Pea Pesto Side Vegetable & Fresh Fruit Milk	Mediterranean Orzo Salad with Chicken Side Vegetable & Fresh Fruit Milk	Deconstructed Shepherds Mini Pie Side Vegetable & Fresh Fruit Milk	Asparagus Leek Soup Fresh Fruit Milk
07/03 *V*	07/04	07/05 *	07/06 GF	07/07 DF,GF
Bean, Rice & Vegetable Quesadilla Side Vegetable & Fresh Fruit Milk	NO SCHOOL	Housemade Pizza with Vegetable Side Vegetable & Fresh Fruit Milk GF pizza available	Turkey & Cheese Rollups Side Vegetable & Fresh Fruit Milk	Butternut & Sage Oven Risotto Side Vegetable & Fresh Fruit Milk

<p>07/10 DF</p> <p>Chicken & Vegetable with Noodle</p> <p>Fresh Fruit</p> <p>Milk</p>	<p>07/11 *V*GF</p> <p>Softened Vegetable with GF Grains, Hummus</p> <p>Fresh Fruit</p> <p>Milk</p>	<p>07/12* GF</p> <p>Quinoa Cakes with Vegetable & Yogurt Dipping</p> <p>Fresh Fruit</p> <p>Milk</p>	<p>07/13*V*</p> <p>Wrapple! -With Pepita Butter, Apple, Pear, Light Jelly</p> <p>Side Vegetable</p> <p>Milk</p>	<p>07/14 DF</p> <p>Tortilla Soup with Vegetable</p> <p>Side Fresh Fruit</p> <p>Milk</p>
<p>07/17 *</p> <p>Latke's with Apple Sauce</p> <p>Side Vegetable & Fresh Fruit</p> <p>Milk</p>	<p>07/18*</p> <p>Scrambled Egg with Toast</p> <p>Side Vegetable & Fresh Fruit</p> <p>Milk</p>	<p>07/19*</p> <p>Housemade Pizza with Vegetable</p> <p>Fresh Fruit</p> <p>Milk</p> <p>GF pizza available</p>	<p>07/20 GF,DF</p> <p>Roasted Root Vegetable with Chicken</p> <p>Side Vegetable with Fresh Fruit</p> <p>Milk</p>	<p>07/2 DF</p> <p>Pho with Chicken & Vegetable</p> <p>Fresh Fruit</p> <p>Milk</p>
<p>07/24 *V*</p> <p>Wrapple</p> <p>Side Vegetable</p> <p>Milk</p>	<p>07/25 DF</p> <p>Sesame Noodle with Vegetable</p> <p>Side vegetable & Fresh Fruit</p> <p>Milk</p>	<p>07/26 GF</p> <p>Turkey, Apple, Butternut & Swiss Quinoa with Ratatouille side</p> <p>Fresh Fruit</p> <p>Milk</p>	<p>07/27 *</p> <p>Egg Biscuits</p> <p>Side Vegetable Hash & Fresh Fruit</p> <p>Milk</p>	<p>07/28 GF,DF</p> <p>Super Greens Soup with Chicken Stock</p> <p>Fresh Fruit</p> <p>Milk</p>
<p>07/31*V* GF</p> <p>Softened Vegetable with GF Grain & Hummus</p> <p>Fresh Fruit</p> <p>Milk</p>	<p>08/01 GF,DF</p> <p>Deconstructed Mini Shepards Pie</p> <p>Side Vegetable & Fresh Fruit</p> <p>Milk</p>	<p>08/02*</p> <p>Housemade Pizza with Vegetable</p> <p>Fresh Fruit</p> <p>Milk</p> <p>GF pizza available</p>	<p>08/03 * GF</p> <p>Quinoa Cakes with Vegetable & Yogurt Dipping</p> <p>Side Vegetable with Fresh Fruit</p> <p>Milk</p>	<p>08/04 DF</p> <p>Carrot Root Coconut Soup with Vegetable Samosa</p> <p>Fresh Fruit</p> <p>Milk</p>

08/07 * Quiche with Vegetable Side Vegetable & Fresh Fruit Milk	08/08 *V* Sweet potato & Vegetable Hand Pies Side Vegetable with Fresh Fruit Milk	08/09* Pasta with Cheese & Squash Side Vegetable & Fresh Fruit Milk	08/10 * GF Polenta with Ratatouille Side Vegetable with Fresh Fruit Milk	08/11 * Tomato Soup with Grilled Cheese Side Vegetable & Fresh Fruit Milk
08/14 *V* Wrapple Side Vegetable Milk	08/15 * Sesame Noodle with Vegetable Fresh Fruit Milk	08/16 * Housemade Pizza with Vegetable Side Vegetable with Fresh Fruit Milk	08/17 * Fruity Pancake with Lemon Maple Yogurt Side Vegetable Milk	08/18 DF Chicken Soup with Vegetable Fresh Fruit Milk
08/21 * Quiche with Vegetable Side Vegetable & Fresh Fruit Milk	08/22 GF,DF Chili with Corn Bread Milk	08/23* Housemade Pizza with Vegetable Side Vegetable & Fresh Fruit Milk GF pizza available	08/24* Lemon Poppyseed Pancakes Side Vegetable & Fresh Fruit Milk	08/25 NO SCHOOL

Local Farms and businesses: Second Spring Farm, Shetlers, Cherry Capital Foods and The Children's House Gardens.

- **Vegetarian ***
- **Entrée Dairy free DF**
- **Entrée Gluten free GF**
- **Vegan *V***