



# The Children's House

*An Independent Montessori School*  
5363 North Long Lake Road  
Traverse City, MI 49684 231.929.9325

## STUDENT SUPPLY LIST 2011-2012

Welcome! Please bring the following items to school on your first day (even if it's just a visiting day). Please contact your child's teacher if you have any questions about supplies.

### ALL STUDENTS

- Completed Child Information Card. New students must have one on file on the first day. Parents of returning children should return updated forms to the reception desk on the first day of school.
- Health Appraisal form completed by a physician annually for children under 30 months and every 2 years for children over 30 months who are not yet in extended day.
- Statement of Good Health completed annually by the parent for children in extended day and elementary.
- Immunization record
- Hat and long sleeve shirt for sun protection while outdoors.

### INFANTS

- Specific list is provided by the infant teacher.

### TODDLERS

- Diapers as needed. We use *Kirkland* brand (unscented) wet wipes. Please send your own wipes (labeled packages) if your child is sensitive to this brand.
- One pair of shoes with good tread, a waterproof bottom, and easy for the child to put on and take off. No "light-up shoes" please.
- One complete change of clothes including socks and underclothing. Place clothing in a one gallon size labeled zip-loc bag. (Wet clothes will be sent home in plastic bags to be washed.)

### PRIMARY STUDENTS

- One complete change of clothes including socks and underclothing. Place clothing in a one gallon size labeled zip-loc bag. (Wet clothes will be sent home in plastic bags to be washed.)
- One pair of gym shoes to be left at school. Students are not allowed to participate in gym activities without appropriate footwear. Please see details below.

**PLEASE LABEL ALL CLOTHING, OUTERWEAR AND FOOTWEAR, BOOTS & BACKPACKS  
WITH YOUR CHILD'S NAME**

## **ELEMENTARY STUDENTS**

- One pair of gym shoes to be left at school. Students are not allowed to participate in gym activities without appropriate footwear. Please see below for details.

### **JILL'S CLASS**

3 dozen plain #2 pencils (preferably Ticonderoga)  
2 square rubber erasers  
1 sturdy, hardcover, bound, lined paper journal  
1 spiral bound sketch pad (blank)  
1 pair scissors  
1 glue stick  
1 small, zippered pencil case  
1 box of 12 colored pencils  
1 napkin ring  
2 cloth napkins

### **UPPER ELEMENTARY**

3 doz. standard #2 pencils (yellow barrel)  
1 box of twelve colored pencils  
1 glue stick  
100 sheets 8 ½" x 11" graph paper  
250 sheets 8 ½" x 11", lined, (wide rule) paper  
4 spiral notebooks  
1 hard cover, bound, lined paper, writing journal (8.5" X 11")  
1 pencil sharpener and eraser  
1 small pencil case  
1 pair scissors  
1 ruler with U.S and metric units  
1 protractor

### **NADINE'S CLASS**

3 doz. plain #2 pencils  
2 square rubber erasers  
1 hard cover, bound, lined paper journal (with book mark preferred)  
1 spiral bound sketch pad (blank pages)  
4 plain folders (duo-tang is fine) with rings or pins to hold paper  
1 hard covered 7" X 9.5" composition book – lined pages  
1 glue stick, 1 pair of scissors, 1 small, plain pencil case, 1 box of 12 colored pencils  
1st year students need an additional plain red folder  
a cloth placemat, napkin and napkin ring (to be left at school)

## **Athletic Shoes for Physical Education By Steve Maas**

Athletic shoes with "non-marking soles" must be worn in PE. Shoes with non-marking soles are common and the norm. It is rare to find an athletic shoe that marks the floor. Athletic shoes must be worn in PE for safety and health reasons. Improper shoes can cause shin splints, injury to the students and others if it comes off while kicking or running. Athletic shoes are more shock absorbing and thus protect the knees, hips and ankles of the child. The shoe must be secured by laces, Velcro straps, or elastic so that the shoe does not fall off during active play. Mary Jane style shoes or slip-on loafer style shoes do not provide support, traction or protection to feet and ankles. When considering a purchase, please consider the following issues:

- Would you run in this shoe? (The activity level in a PE class is similar to running 1.5 miles)
- Does the shoe offer proper shock absorption?
- Does the shoe fasten securely to their feet?
- Does the shoe motivate the child to be an active participant in PE class?