



2014 Winter Session (January 24th – February 28th)



“Explore Tennis 1st” (Age: 1s and 2s)

An action packed class that requires the accompaniment of an adult. Children will be allowed to explore the tennis environment while learning the basic fundamentals at a relaxed pace. We only use age and size appropriate equipment that foster curiosity and creative learning. All equipment is provided as part of the fee. Music is also incorporated into our learning continuum.

Session Length: 6 weeks

Classes held Fridays from 4:20-5:00 p.m.

Cost: \$42.00 for the 6 week session

Your child should bring a water bottle. Racquets provided to borrow or to purchase.

*Babysitting for older siblings can be provided for an additional fee during this class***

“Play Tennis 1st” (Age: 3s & 4s)

Children will learn the game in an environment that encourages imagination and participation. While developing stroke and footwork fundamentals children will be able to connect to different environments woven into the lesson plans such as world cultures, jungle themes, or seasonal and local themes. We play tennis all over the world in any environment we choose! All students get to learn tennis with a height appropriate net, smaller racquets and slower bouncing balls that will maximize success and build confidence as we learn to rally and understand the basic concepts of our wonderful sport.

Session Length: 6 weeks

Classes held Fridays from 5:10-6:00 p.m.

Cost: \$54.00 for the 6 week session

Your child should bring a water bottle and we recommend using a 19” or 21” tennis racquet. Racquets are available to purchase at competitive pricing.

“Rally 1st” (Age: 5, 6,7)

Students will begin rallying (hitting back and forth over the net and engaging in fun competition. Different types of balls will be used to extend rallies. More attention will be spent on mechanics and technical skills of all strokes in a fun manner.

Session Length: 6 weeks

Classes held Fridays from 6:10 – 7:00 p.m.

Cost: \$54.00 for the 6 week session

Your child should bring a water bottle and we recommend using a 23” or 25” racquet. Racquets are available to purchase at competitive pricing.

Location:

*All Classes will be held at the **Children’s House Gym, located at 5363 North Long Lake Road.***

- To reserve your child’s spot please contact Josie Caldwell at (231) 313-1016 or email josie_c26@yahoo.com.

Advance Payment is Required

Please make checks and mail out to:

**Tennis 1st, L.L.C.
3154 Silver Farms Lane
Traverse City, Michigan 49684**