January 2020

LUNCH MENU

		<u>LUNCH MENU</u>		
01/06 V	01/07	01/08 V GF	01/09 V	01/10 GF
Cheese Pizza	Quiche Lorraine	Black Bean	Macaroni and	Chicken and Corn
		Enchilada Casserole	Cheese	Market Soup
Fruit and	Fruit and		5.13030	7.1d.11.01 000p
Vegetable	Vegetable	Fruit and	Fruit and	Fruit and
, agaidale	Togolabic	Vegetable	Vegetable	Bread
Milk	Milk	Togolabic	regelable	Dicad
(GF available)	TAILK	Milk	Milk	Milk
01/13	01/14 V	01/15 V	01/16	01/17 V
01/13	01/14 *	01/13 ¥	01/10	01/17 1
Pepperoni Pizza	Apple Baked	Bean and Cheese	Chicken and Biscuits	Tomato Soup and
	French Toast	Quesadilla		Grilled Cheese
Fruit and	With Maple Syrup		Fruit and	Sandwich
Vegetable	, , ,	Fruit and	Vegetable	
	Fruit and	Vegetable	Ĭ	Fruit and
Milk	Vegetable		Milk	Bread
(GF available)		Milk		
	Milk			Milk
01/20	01/21 V	01/22 GF DF	01/23 V DF	01/24 DF
No School	Cheese Pizza	Chicken Stir-Fry	Vegetable	Pasta e Fagioli
140 3011001	CHEESE HIZZU	With Rice	Lo Mein	(Noodle, Bean &
	Fruit and	VVIIII NICE	LO MEIII	Sausage Soup)
	Vegetable	Fruit and	Fruit	Judauge Joup)
	v egeluble	Vegetable	1 1011	Fruit and
	Milk	vegelable	Milk	Bread
	(GF Available)	Milk	/V\IIK	DIEGO
	(Gi Available)	TYNIK		Milk
01/27	01/28	01/29 V GF	01/30	01/31 V GF DF
_	_			
Pepperoni Pizza	Egg-Free	Refried Bean	Chicken Paprikash	Sweet Potato and
	Breakfast Burrito	Tostadas	_	Black Bean Chili
Fruit and	(Sausage, peppers,		Fruit and	
Vegetable	potatoes & cheese)	Fruit and	Vegetable	Fruit and
		Vegetable		Cornbread
Milk	Fruit and		Milk	
(GF available)	Vegetable	Milk		Milk
	Milk			
				J.

Local Farms & businesses: Brown's Orchards, Moomer's, Gallagher's, Providence Farm, Cherry Capital Foods, and That'sa Pizza.

Vegetarian: V Entrée Dairy Free: DF Entrée Gluten Free: GF