November 2020

LUNCH MENU

		LONCH MENO		
11/02 v ef	11/03 v	11/04 gf df ef	11/05 v ef	11/06
Cheese Pizza	Lemon Poppyseed	Ropa Vieja	Pesto Pasta	No School
	Pancakes	(National Dish		
Fruit & Vegetable		of Cuba)	Fruit & Vegetable	Conferences
	Fruit & Vegetable			
Milk		Fruit & Vegetable	Milk	
(GF Available)	Milk	Milk	11/10	11/10 ((
11/09 ef	11/10 v gf	11/11 v gf ef	11/12 v ef	11/13 gf ef
Pepperoni Pizza	Apple Baked	Sweet Potato &	Macaroni & Cheese	Ham and Potato
	Oatmeal	Chickpea Coconut		Chowder
Fruit & Vegetable		Curry with Rice	Fruit and	
	Fruit & Vegetable		Vegetable	Fruit & Bread
Milk		Fruit & Vegetable		
(GF Available)	Milk	Milk	Milk	Milk
11/16 v ef	11/17 v ef	11/18 v df ef	11/19 ef	11/20 v
Cheese Pizza	Bagel and	Veggie Lo Mein	Pulled Pork Burritos	Tomato Soup with
	Cream Cheese			Cheese Tortellini
Fruit and		Fruit	Fruit and	
Vegetable	Fruit & Yogurt		Vegetable	Fruit and Bread
	Smoothie	Milk		
Milk	Vegetable		Milk	Milk
(GF Available)	(Milk Available)			
11/23 ef	11/24	11/25	11/26	11/27
,	,	,	,	,
Pepperoni Pizza	Classroom	No School	No School	No School
	Harvest Feasts			
Fruit and			Нарру	
Vegetable	(No Charge)		Thanksgiving!	
Milk				
(GF Available)				
11/30 v ef				
,				
Cheese Pizza				
F. 1. 0. \/				
Fruit & Vegetable				
Milk				
(GF Available)				_
·				

Local Farms & businesses: Brown's Orchards, Moomer's, Gallagher's, Providence Farm, Cherry Capital Foods, and That'sa Pizza.

Vegetarian: v Entrée Gluten Free: gf Entrée Dairy Free: df Entrée Egg Free: ef