

January 2021

LUNCH MENU

01/04 v ef Cheese Pizza Fruit & Vegetable Milk (GF Available)	01/05 v Broccoli Cheddar Quiche Fruit & Vegetable Milk	01/06 gf df ef Chicken Stir-Fry with Rice Fruit Milk	01/07 v ef Macaroni & Cheese Fruit & Vegetable Milk	01/08 v Tomato Soup with Cheese Tortellini Fruit and Bread Milk
01/11 ef Pepperoni Pizza Fruit & Vegetable Milk (GF Available)	01/12 v ef Bagel and Cream Cheese Fruit & Yogurt Smoothie Vegetable (Milk Available)	01/13 v ef Bean and Cheese Quesadilla Fruit & Vegetable Milk	01/14 v df ef Vegetable Lo Mein Fruit Milk	01/15 df ef Chicken Noodle Soup Fruit & Bread Milk
01/18 No School	01/19 v ef Cheese Pizza Fruit & Vegetable Milk (GF Available)	01/20 gf df Pork Fried Rice Fruit Milk	01/21 ef Lasagna with Meat Sauce Fruit and Vegetable Milk	01/22 v df ef Minestrone Fruit and Bread Milk
01/25 ef Pepperoni Pizza Fruit and Vegetable Milk (GF Available)	01/26 v Apple Baked French Toast with Maple Syrup Fruit and Vegetable Milk	01/27 gf Chicken Tikka Masala with Rice & Naan Fruit and Vegetable Milk	01/28 Beef Goulash With Egg Noodles Fruit and Vegetable Milk	01/29 v gf df ef Black Bean Chili Fruit and Cornbread Milk

Local Farms & businesses: Brown's Orchards, Moomer's, Gallagher's, Big Apple Bagels, Cherry Capital Foods, and That'sa Pizza.

Vegetarian: v

Entrée Gluten Free: gf

Entrée Dairy Free: df

Entrée Egg Free: ef