February 2023

| | | 02/01 V GF DF | 02/02 EF | 02/03 GF EF DF |
|---------------------|---------------------|--|------------------------|---------------------------|
| | | , | , | , |
| | | Vegetable | Chicken Alfredo with | Hearty Beef Stew |
| | | Fried Rice | Penne | with potatoes and |
| | | | | carrots |
| | | Fruit | Fruit and | |
| | | | Vegetable | Fruit and |
| | | Milk | | Bread |
| | | | Milk | |
| | | | | Milk |
| 02/06 EF V | 02/07 GF DF EF | 02/08 V EF | 02/09 EF | 02/10 DF EF V |
| 02/002. | 02/0/0: 2: 2: | 02/00 / 2 | 02/072 | 02/102121 |
| Cheese Pizza | Corn Beef Hash with | Veggie Quesadillas | Pizza Bagels with | Tomato Soup with |
| C.1.0030 1 122G | veggies | with Tomatillo Salsa | Italian sausage and | cheesy focaccia |
| Fruit and | 33 7 | | mozzarella | |
| Vegetable | Fruit and | Fruit and | IIIOZZGICIIG | Fruit and Milk |
| , egerable | Milk | Vegetable | Fruit and | Tron and Wilk |
| Milk | | , and the second | Vegetable | |
| | | Milk | regelable | |
| (GF Available) | | | Milk | |
| (Or 7 th dimension) | | | 7711110 | |
| | | | | |
| | | | | |
| 02/13 EF V | 02/14 DF V | 02/15 | 02/16 GF EF | 02/17 |
| | | 100 th Day | | <i>z</i> = <i>y</i> · · · |
| Cheese Pizza | Steel Cut Oatmeal | , | Crunchy Beef Taco | No School |
| | with fruit, yogurt | Chicken Parmesan | Bar | |
| Fruit and Vegetable | and granola | | (lettuce, cheese, sour | Staff Records Day |
| | _ | Fruit | cream, salsa) | |
| Milk | Vegetable | Vegetable | cream, saisa, | |
| (GF Available) | | , - 90.0.0.0 | Fruit and | |
| (Of Available) | (Milk Available) | Milk | Vegetable | |
| | | | . 595,00.0 | |
| | | | Milk | |
| | | | | |
| | | | | |
| 02/20 | 02/21 EF V | 02/22 EF V | 02/23 EF V GF DF | 02/24 EF DF |
| · | | | · | • |
| No School | (mardi gras) | Baked Chickpeas | Kenyan Black Beans | Chicken Noodle |
| | Cheese Pizza | with pita chips, | in Coconut Sauce | Soup |
| President's Day | | tomato cucumber | with Rice | |
| , | Fruit and Vegetable | relish and lemon | | Fruit and |
| | | tahini yogurt | Fruit and | Bread |
| | Milk | | Vegetable | |
| | (GF Available) | Fruit | | Milk |
| | (Or Available) | Milk | Milk | |
| | | | | |

| 02/27 EF V | 02/28 V | | |
|---------------------|--------------------------------|--|--|
| Cheese Pizza | Egg, cheese and bean breakfast | | |
| Fruit and vegetable | burritos | | |
| Milk | Fruit and vegetable Milk | | |
| (GF Available) | WIIK | | |
| | | | |

Local Farms & businesses: Brown's Orchards, Moomer's, Gallagher's, Providence Farm, Cherry Capital Foods, and That'sa Pizza.

Vegetarian: V Entrée Dairy Free: DF Entrée Gluten Free: GF