

## The Children's House Young Children's Community South

Welcome to the 2010-2021 School Year!

### **Carline/Drop off**

Morning carline begins at 8:20 and ends at 8:40. If you miss morning carline, please bring your child to the front desk and the receptionist will call me to meet you at the front desk. All children need to be dropped off before 10:00 in order to give them the opportunity to have a work cycle before lunch and nap (with the exception of pre-arranged appointments). We appreciate your understanding of this protocol.

Mid-day carline runs from 12:20-12:30.

Afternoon carline begins at 3:20 and ends at 3:40. Children will have had a snack and will have used the toilet or had a diaper change before coming out to meet you.

### **Snack/Lunch**

Healthy snacks are provided, such as fruits, vegetables, grains and sometimes proteins (yogurt or cheese). Snack is served around 10:00 and 2:45, after the children wake from nap. We eat family-style, sitting together with a formal table setting. Children are welcome to skip snack if they prefer, or are not hungry. Snacks are designed to give the children the opportunity to explore food preparation and develop self-care and fine motor skills, while also being nutritious and exposing them to new textures and flavors when possible.

When the children have finished eating, they clear their spot at the table, placing dirty dishes in the dirty dish cart and leftover food in the compost bucket. The children are not allowed to walk around the room with food. They are always redirected to eat at the table.

Lunch begins around 11:50. Milk is served at lunchtime. If you're curious about the current lunch menu, you can find it [here](#) under Quick Links.

For children staying in Friends' Club, a late afternoon snack is provided around 4:40.

### **Birthday Celebrations**

To honor your child's birthday, he or she will be invited to bake birthday muffins (usually blueberry banana oat muffins). We share a snack of birthday muffins together and sing "Happy Birthday".

### **Illness/Medication**

Please familiarize yourself with the school's [COVID-19 policy](#). We promise to do our best to follow safety protocols to ensure the health and safety within our community. Some of these protocols include taking your child's temperature upon arrival and periodically during the day, washing hands frequently and using hand sanitizer when hand washing isn't feasible, wearing masks (adults-only) and lots of extra cleaning of materials and classroom environment. Still, we know that young children often get sick. Should your child become ill and is cleared by a physician to return to school, we can administer medications. Medications, even over-the-counter, can be administered at school if a medication permission form is filled out by both you and your child's physician.

Your diligence in following these guidelines is greatly appreciated as it will help us to keep the community, as a whole, healthy throughout the year. Any infections/illnesses should be reported to the main office so that other parents can be made aware and watch for symptoms in their own children (pink eye, strep, etc.).

## Non-Parent Pick Up

Children can only be released to authorized adults whom you have listed on your child's online account. If a staff member is releasing any child to an adult they have not met, they will check the list of authorized adults and also ask for identification. Prior notice of a non-parent pick up is appreciated.

## Supplies for School

- Diapers, if needed
- 3 Changes of extra clothing, easy on and off play clothing
- Rubber soled indoor shoes
- Wet Bags are helpful for transporting wet clothing home, but are not required
- Weather appropriate outdoor clothing, including a [rain suit](#)

## Conferences

Parent-Teacher conferences are held twice a year: in November and March. This is a great opportunity to talk about your child's progress, expectations for the future and to discuss any questions that you may have. Check out The Compass in mid-October and mid-March for the link to SignUp Genius.

## Contact

If you have any questions or need to contact me, please do not hesitate. I will be at school every day, 8:00 to 4:00. At times, I am not able to take calls in the classroom. Feel free to leave a voicemail, or leave a message with someone at the Front Desk. Or, feel free to email me, as I check email several times each day. [jenny@traversechildrenshouse.org](mailto:jenny@traversechildrenshouse.org) or 231-922-9325, ext. 122.

## Young Children's Community South Daily Schedule

7:30-8:20	Early morning care, breakfast, toileting, snack prep, early work cycle, etc.
8:20-8:40	Morning carline, unpack bags, settle in
8:20-10:00	Morning Work Cycle - uninterrupted work and exploration, including individual presentations, group activities and toileting
10:00-10:30	Morning Snack and clean up, toileting
10:30-11:45	Playground time, including time getting dressed/undressed for outdoor play
11:45-11:55	Toileting, washing hands for lunch
11:55-12:30	Family style lunch time
12:20-12:30	Mid-day carline, lunch clean up and toileting occurs prior to dismissal/nap
12:30-3:20	Naptime; Classroom work time upon waking, including afternoon toileting and snack
3:20-3:40	Afternoon carline
3:20-5:30	Friend's Club: outdoor and classroom work time, toileting and snack as needed