

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
V EF	TACO TUESDAY!	GF EF DF	V EF	GF EF DF
Macaroni and Cheese	Carnitas (braised pork) and	Ham and potato hash	Cheese Pizza	Italian wedding soup (sausage, kale,
fruit and vegetable, milk	flour tortillas tacos,	fruit, vegetable, milk	Fruit and Vegetable	beans in broth)
	fixings (cheese, sour cream salsa)		Milk	slipper bread
	cilantro lime rice, vegetable and fruit		Gluten Free Available	fruit and milk
8	9	10	11	12
EF	EF	V GF EF	V EF	EF GF DF
Pasta Bolognese	TACO TUESDAY!	Rice breakfast porridge	Cheese Pizza	curried squash and coconut milk
(pork ragu)	chicken	berries and granola	Fruit and Vegetable	soup
Fruit Vegetable, milk	quesadillas	vegetable and milk	Milk	slipper bread, fruit and milk
	fixings (cheese, salsa, sour cream)		Gluten Free Available	
	fruit and vegetable			
	milk			
15	16	17	18	19
V EF	EF	V	EF GF	V EF DF GF
bagels and cream cheese	TACO TUESDAY!	English Muffin Breakfast	Chicken Tikka Masala	Minestrone with white beans
fruit smoothies and vegetable	potato and chorizo tacos	Sandwiches with egg and cheese	Rice	slipper bread
milk	flour tortillas	Fruit, vegetable, milk	fruit, vegetable and milk	fruit, vegetable, milk
	fixings (tomatillo salsa, sour cream)			
	fruit and vegetable			
	milk			
23	24	25	26	27
No School	No School	No School	No School	No School
25	26	27	28	29
No School	No School	No School	No School	No School

December