

March					
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	
EF DF GF SF	EF	V EF SF	V EF SF	V EF GF SF	
Chicken and Veggie Thai Curry with rice	TACO TUESDAY! carnitas (braised pork)	Rice Porridge (Oatmeal style) with yogurt,	Cheese Pizza Fruit and Vegetable	Colcannon Soup (creamy potato and cabbage)	
fruit and vegetable milk	fixings (cheese, sour cream, salsa) flour tortillas	berries and granola Milk and Vegetable	Milk	Slipper Bread Fruit and Milk	
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	
V EF	V EF	EF DF			
Pesto Pasta!	TACO TUESDAY!	Beef Stew with potatoes and veggies	Conferences, half day	Conferences, no school	
Fruit and Vegetable Milk	Roasted corn, black bean and rice burritos with cheese	Slipper Bread Fruit and Milk	<b>NO LUNCH</b>		
	fixings (sour cream and salsa) fruit and vegetable milk				
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	
SF	EF	GF EF SF	V EF SF	V EF GF	
Corned Beef and Cabbage Irish Soda bread and butter	TACO TUESDAY! Tilapia Tacos	Chicken Tikka Masala Rice, veggies and milk	Cheese Pizza Fruit and Vegetable	veggie and corn chowder slipper bread fruit and milk	
Fruit and vegetable	Cabbage, onions, cilantro, avocado sour cream flour tortillas		Milk		
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	
V EF	EF GF SF	EF (hold the mayo) DF (hold the chz) SF	V EF SF	DF EF SF	
Baked penne with marinara and mozzarella	TACO TUESDAY!	build your own cold turkey sammies	Cheese Pizza	Chicken Noodle Soup	
fruit and vegetable milk	Ground beef tacos crunchy corn tortillas	cheese, mustard, mayo, lettuce, tomato, fruit and vegetable	Fruit and Vegetable Milk	Slipper Bread Fruit and Vegetable and Milk	
	fixings (sour cream, cheese, salsa) fruit and vegetable milk	milk			
<b>30</b>	<b>31</b>				
Spring Break	Spring Break	EF - Egg Free SF - Soy Free DF - Dairy Free GF - Gluten Free V - Vegetarian			

# March