

April

Monday 1 V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	Tuesday 2 TACO TUESDAY! V EF Bean and cheese quesadillas fixings (sour cream, salsa) fruit and vegetable milk	Wednesday 3 Bacon and cheese Quiche Fruit and Vegetable Milk Vegetarian Available	Thursday 4 V EF Foccacia flat bread with tomato sauce, mozzarella and zucchini fruit and vegetable milk	Friday 5 EF GF (soup only) White Chicken Chili Slipper Bread Fruit and Vegetable
8 V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	9 TACO TUESDAY! V EF GF Bean and Rice burrito bowl fixings (sour cream, salsa) fruit and vegetable milk	10 V Egg, cheese and black bean burritos Fruit and vegetable milk	11 Parent Visiting Day 10:30 - 11:30 HALF DAY Students leave with their parents at 11:30 Professional Day	12 V EF DF (soup only) Tomato Soup and Grilled cheeses fruit and milk
15 V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	16 TACO TUESDAY! EF chicken mole, cheese and rice burritos Fixings (sour cream, salsa) fruit and vegetable milk Vegetarian available	17 V Baked French Toast Apple Sauce and yogurt Vegetable and Milk	18 V EF Pesto Pasta! Fruit and Vegetable Milk	19 V EF GF Vegetable minestrone with beans slipper bread milk
22 V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	23 TACO TUESDAY! EF potato and chorizo tacos Flour tortillas fixings (cheese, sour cream, salsa) Vegetarian available	24 V EF GF Maple Quinoa Porridge (oatmeal-like) Fresh berries and yogurt Vegetable and milk	25 V EF DF GF Tofu fried rice with vegetables fruit and milk	26 V EF DF GF Black Bean soup slipper bread fruit and vegetable milk
29 V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	30 TACO TUESDAY! Ground Beef and Crunchy Shells Fixings (cheese, sour cream, salsa) fruit and vegetable milk Vegetarian available	DIETARY KEY V - Vegetarian EF - Eqq Free GF- Gluten Free DF- Dairy Free		

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