

September 2022

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>09/05 No School Labor Day</p>	<p>09/06 v gf Primary-Junior High Orientation Schedule No Lunch Nido & YCC Broccoli and cheese fritatta Fruit and vegetable Milk</p>	<p>09/07 v Cheese Pizza Fruit and Vegetable Milk (Gluten Free Available)</p>	<p>09/08 v ef Pesto Pasta Fruit and Vegetable Milk</p>	<p>09/09 v ef Corn Chowder Fruit and Slipper Bread Milk</p>
<p>09/12 v Cheese Pizza Fruit and Vegetable Milk (Gluten Free Available)</p>	<p>09/13 v gf Buckwheat Pancakes with Peaches and maple syrup Vegetable and Milk</p>	<p>09/14 v gf df Vegetable Fried Rice Fruit Milk</p>	<p>09/15 Baked Pasta with sausage and ratatouille Fruit and Vegetable Milk</p>	<p>09/16 df ef gf v Summer Vegetable Soup Fruit and Slipper Bread Milk</p>

<p>9/19 v</p> <p>Cheese Pizza</p> <p>Fruit and Vegetable</p> <p>Milk (Gluten Free Available)</p>	<p>09/20</p> <p>Potato, cheddar, and ham savory tart</p> <p>Fruit and Vegetable</p> <p>Milk</p>	<p>09/21 ef gf</p> <p>Polenta lasagna with pork ragu</p> <p>Fruit and Vegetable</p> <p>Milk</p>	<p>09/22 v ef</p> <p>Alfredo Pasta Primavera</p> <p>Fruit</p> <p>Milk</p>	<p>09/23 v gf ef df</p> <p>Minestrone Soup with white beans</p> <p>Fruit and Vegetable</p> <p>Slipper Bread</p> <p>Milk</p>
<p>09/26 v</p> <p>Cheese Pizza</p> <p>Fruit and Vegetable</p> <p>Milk (Gluten Free Available)</p>	<p>09/27 v ef</p> <p>Fall veggie, cheese, and bean burritos</p> <p>Fruit</p> <p>Milk</p>	<p>09/28 gf ef df</p> <p>Chicken and vegetable coconut curry with rice</p> <p>Fruit and Vegetable</p> <p>Milk</p>	<p>09/29 v gf ef</p> <p>Butternut squash risotto with parmesan</p> <p>Fruit and Vegetable</p> <p>Milk</p>	<p>09/30 gf df ef</p> <p>Beef and bean chili</p> <p>Fruit & cornbread</p> <p>Milk</p>

Local Farms & businesses: Moomer's, Gallagher's, Brown's Orchards, Cherry Capital Foods and That'sa Pizza.

Vegetarian: v

Entrée Dairy Free: df

Entrée Gluten Free: gf